

I remember the first time I talked to Brent on the phone. I had debated for over two weeks trying to decide if I should call him. So I finally did. We talked for about two hours and I didn't feel it at all. He immediately struck me as someone with amazing insight and an ability to see inside people in a very deep and unique way. After 10 minutes of talking to each other, Brent was able to uncover a lot of things about my life, my personality and my challenges.

Working with Brent has been an amazing journey of discovery. Going through the program helped me learn to value and accept the wonderful gifts within me. The process was an intense because I had no choice but to come face to face with myself. I learned that creating the life I want is within my reach. I see a plethora of opportunities. I don't have to settle for second best. I am committed to leading a passionate and joyful life.

I work in the helping profession and this process also reminded me that in order to help other people, I must take care of myself as well. The program integrated many self-care activities that will serve me well in the process of self-renewal for the rest of my life.

Brent has a very unique way of looking at things. He has the ability to think and act outside the box and I have learned a lot from him. This program has been a great investment and a tremendous catalyst for positive change in my life.

Leslie Meneses
Vocational Rehabilitation Counselor